

Jesus said:

“Let the children come to me”



With You Always

Baptism

Session 3



Eucharist - Thanksgiving

**Reflection: The Mass - Jesus said:
“Do this in Memory of Me”**



FOOD:

Has a PURPOSE - it nourishes, sustains, gives pleasure and energy for daily living;

Has a COST- in money, planning and preparation;

Has a FOCUS- meals at the table with family and friends in celebration or just gathering;

We NEED it to live - without food we die.

How does FOOD relate to THE EUCHARIST?

Jesus gives us FOOD in THE EUCHARIST.

THE EUCHARIST:

Has a PURPOSE - the food Jesus gives nourishes and sustains us, gives pleasure and energy for our spiritual daily living;

Has a COST- it is already paid for by Jesus' Death and Resurrection;

Has a FOCUS - Jesus gives it anew every time we gather to celebrate Mass as God's family.

We NEED it to live a life of faith - without it our **soul** dies.

The Mass strengthens and nourishes us for daily living.

At the end of Mass we are sent out to our daily lives again.

“Go in peace glorifying the Lord by your life” ...

strengthened and nourished by God's Word

and the Body and Blood of Christ

filled with hope to become a witness

of Christ to all those we meet.

Prayer Card - Rublev Icon

Look at the painting

Father, Son and Spirit are seated at a table

There's a space at the table for you and your child.

Pray the prayer on the back.

Parents, you have a great privilege and responsibility.

You will be enabled and sustained

to pass on faith in God to your child

and to lead him/her to Confirmation and Holy Communion

by regular participation at Mass

and receiving the food of the Eucharist.



We are fed by God's Word in the Readings.

We are fed by the Lord's Body and Blood in Holy Communion.

We are enabled to hand on to our children the tradition we have received.

Read and reflect on a word, phrase or image in this reading.

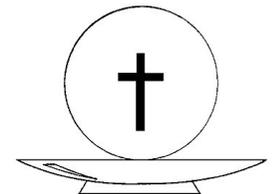
1 Corinthians 11:23-26

The Institution of the Lord's Supper

For I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said: "This is my body that is for you. Do this in remembrance of me." In the same way he took the cup also, after supper, saying: "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

How can we use this in our daily living?
It helps us to be what we are called to be

THE BODY OF CHRIST ON EARTH



Prayer Card

On the prayer card **St Theresa of Avila** says that in everyday ways... we are the Body of Christ on Earth!

As parents you are the provider of food for your children.

You nourish them in all kinds of ways.

You teach them to walk, talk, dress and feed themselves.

You give them time and love.

You encourage them to be the best they can be and so does the church.



Rite of Baptism

During the service your child will be:

Clothed with the dignity of a white garment, clothed in a new life with Christ.



The celebrant will say:

“With your family and friends to help you by WORD and EXAMPLE, bring that dignity unstained into the everlasting life of heaven.”

